



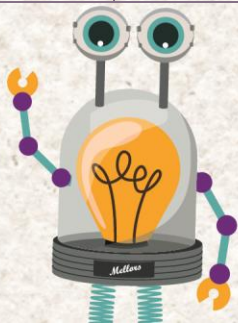
WC 21st March WC 25th April WC 16th May WC 13th June WC 4th July



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT MAIN DISH	All day breakfast	Homemade Cottage pie	Roast turkey served with stuffing & roast potatoes	Chicken curry served with wholemeal rice & naan bread	Fish fingers or salmon bites served with chips & ketchup
VEGETARIAN MAIN DISH	All day breakfast	Vegetable tikka masala served with wholemeal rice & naan bread	Quorn toad in the hole served with roast potatoes	Vegetarian shepherd's pie	Quorn nuggets served with chips & ketchup
ACCOMPANIMENTS	Seasonal vegetables Salad bar Fresh bread	Seasonal vegetables Salad bar Fresh bread	Seasonal vegetables Salad bar Fresh bread	Seasonal vegetables Salad bar Fresh bread	Seasonal vegetables Salad bar Fresh bread
DESSERTS	Fruity flapjack Homemade tray bake	Pear & chocolate sponge & custard Homemade tray bake	Blueberry & banana muffin Homemade tray bake	Ginger biscuit Homemade tray bake	Shortbread biscuit with fruit Homemade tray bake
FRESH FRUIT & YOGHURT	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt	Fresh fruit and yoghurt
JACKET POTATO & SANDWICH SELECTION	Jacket potato or Ham or cheese baguette	Jacket potato or Tuna or cheese bap	Jacket potato or Turkey or cheese sandwich	Jacket potato or Tuna or cheese bap	Jacket potato or Ham or cheese baguette



MENU



Fuel your afternoon with a healthy school lunch from Mellors



- 1 OF YOUR 5 A DAY



- HEALTHY OPTION