



ACTIVE CITIZENSHIP ENRICHMENT GRID

GO OUTSIDE

Camp out in the garden with your family or friends.

Visit a pick your own fruit farm.

HELP THE ENVIRONMENT

Go litter picking in your community.

Feed the birds. For a summer feeder, make fat balls! Mix one part lard with two parts bird seed and squash into a ball. Push a loop of string into the middle and hang it up in the garden. Easy!

Plant some seeds and watch them grow. Start a compost heap or make a bug hotel.

GET CREATIVE

Get cooking, create a tasting menu, plan a 'Come Dine With Me Evening', make a picnic or even have a family bake off. Share your baking with a neighbour or your local nursing home or church.

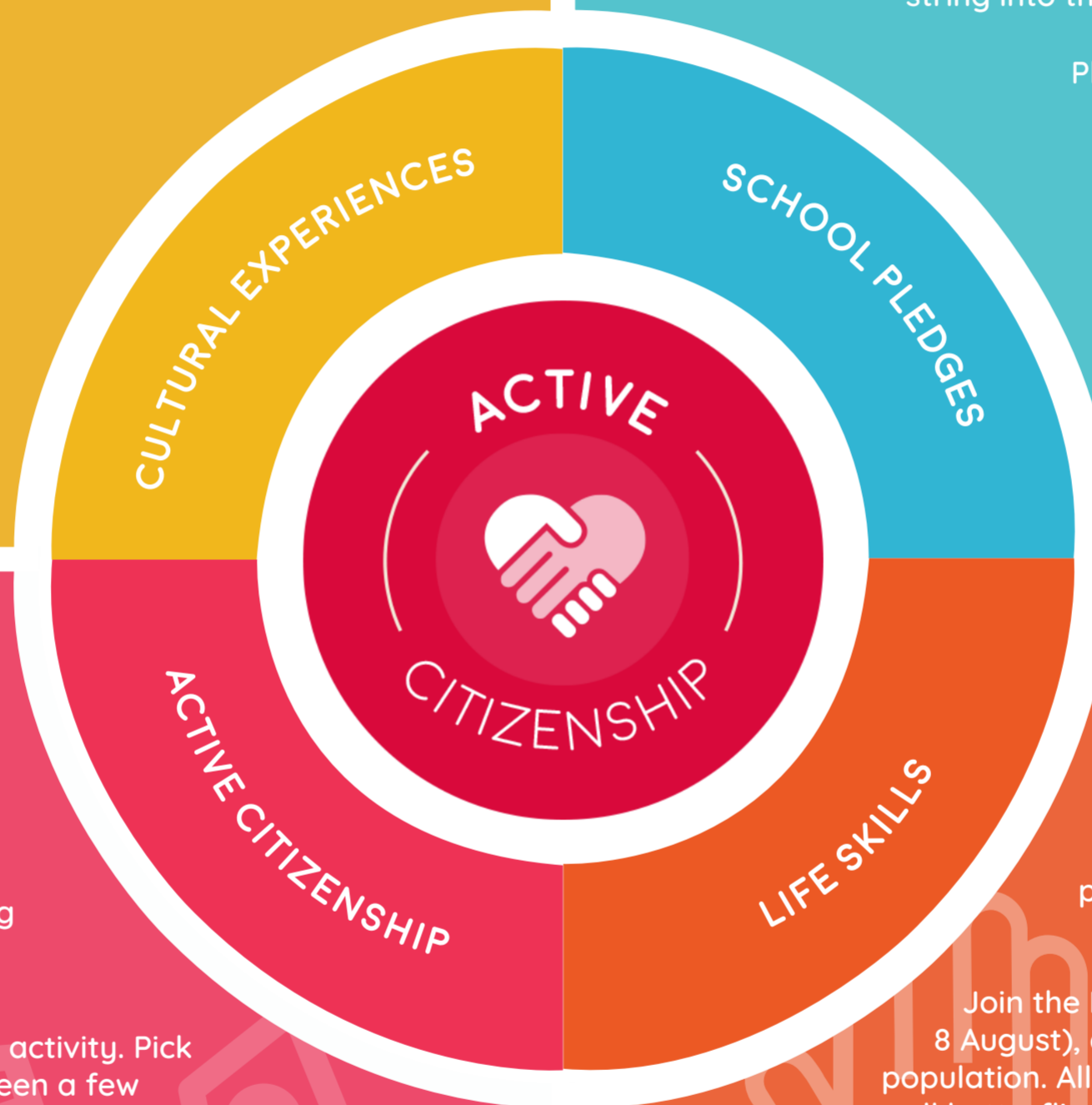
Press Flowers. It's a classic forgotten garden activity. Pick your favourite flowers and place them between a few sheets of paper. Press them flat between the pages of a large book and close it. Pile heavy objects or other books on top and leave for a few days.

Get printing with vegetables or paint a pebble

GET INVOLVED

Visit your local park and get involved in planned activities e.g. bike ride, pond dipping, walks, art activities and music events.

Join the Big Butterfly Count (Friday 16 July to Sunday 8 August), a nationwide survey to monitor our butterfly population. All you have to do is spend 15 minutes counting all butterflies you see in your garden, park, field or forest and submit your sightings online.



Now see how many of these activities you can do with your family or on your own! Don't forget to send pictures to your class teacher so you can earn Dojo points and be entered for our school prize raffle.

MOST OF ALL. HAVE LOTS OF FUN!

You can write about what you have done in a journal or word document, maybe you could send in a picture or video of your efforts for us to see too!



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