## **AUTUMN/WINTER MENU - WEEK ONE**



Aston Hall Junior & Infant School

Week commencing: 31/10/22, 21/11/22, 12/12/22

WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN OPTION	Cheese and Tomato Pizza with Half a Jacket Potato	Chinese Chicken, Vegetables & Noodles	Roast of the Day, Roast Potatoes, & Gravy	Chicken Burger & Potato Wedges	Fish Fingers & Chips	
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Cheese & Onion Pastry Roll & Wedges	Quorn Roast, Roast Potatoes, Gravy	Veggie Chilli & Mixed Rice	Macaroni Cheese	
VEGETABLES	Green Beans Sweetcorn	Garden Peas Carrots	Cauliflower Seasonal Greens	Sweetcorn Carrots, Mixed Salad	Baked Beans Garden Peas	
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham					
JACKETS OPTION	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans					
DESSERT	Vanilla Crunch	Ginger Sponge & Chocolate Sauce	lce Cream	Shortbread Finger	Chocolate Crunch	

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

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## **AUTUMN/WINTER MENU - WEEK TWO**



## Week commencing: 07/11/22, 28/11/22



WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN OPTION	Cheese and Tomato Pizza with half a Jacket Potato	Turkey Pasta Bolognese	Roast of the Day, Roast Potatoes, & Gravy	Chicken Meatballs, Tomato Sauce & Mixed Rice	Fish & Chips	
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Tomato and Basil Pasta Bake	Roast Veggie Balls, Roast Potatoes & Gravy	Veggie Burger & Potato Wedges	Macaroni Cheese	
VEGETABLES	Sweetcorn Garden Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Sweetcorn Broccoli	Baked Beans Garden Peas	
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham					
JACKET OPTIONS	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans					
DESSERT	Oaty Crunchy Biscuit	Melon & Pineapple Slices	Jelly & Mandarins	Jam Sponge & Custard	Chocolate Brownie	

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt

## **AUTUMN/WINTER MENU - WEEK THREE**



Aston Hall Junior & Infant School

Week commencing: 14/11/22, 05/12/22

WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN OPTION	Cheese & Tomato Pizza with Jacket Wedges	Chicken Pie & Mashed Potato	Roast of the Day, Roast Potatoes, & Gravy	Sausage with Mashed Potato & Gravy	Fish Fingers & Chips	
VEGETARIAN OPTION	Loaded Wedges with Cheese or Beans	Vegetable Korma with Mixed Rice	Quorn Roast, Roast Potatoes, & Gravy	Veggie Mince Pasta Bolognese	Macaroni Cheese	
VEGETABLES	Mixed Vegetables Garden Salad	Garden Peas Sweetcorn	Winter Greens Cauliflower	Green Beans Carrots	Baked Beans Garden Peas	
SANDWICHES	Freshly Made Sandwich with a Choice of Cheddar, Tuna Mayonnaise or Ham					
JACKET OPTIONS	Freshly Baked Jacket Potato with your Choice of Toppings: Tuna & Mayonnaise, Grated Cheese or Baked Beans					
DESSERT	Hob Nob Cookie	Jelly & Mandarins	Flapjack Finger & Custard	Lemon Drizzle Cake	Frozen Toffee Yoghurt	

Available Daily

Salad Selection, Fresh Bread, Fresh Fruit & Yoghurt