

Summer Menu – Week One

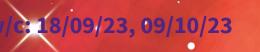
Aston Hall Junior & Infant School 02/10/23 23.

	WEEK ONE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
	MAIN	Cheese & Tomato Pizza, Herby Diced Potatoes	Italian Chicken & Mixed Rice	Traditional Toad in the Hole & Mashed Potatoes	Spaghetti served with Beef Bolognaise	Fish Fingers, Chips		
	VEGETARIAN	Jacket Wedges with Baked Beans or Cheese	Beany Tomato Ragu & Fluffy Cous Cous	Quorn Roast Vegetable Sausage, Mashed Potatoes & Gravy	Vegetable Sausage Pasta Bake	Cheesy Pea Pasta		
	VEGETABLES	Carrot & Cucumber Mixed Vegetables	Garden Peas Carrots	Cauliflower Seasonal Greens	Green Beans Sweetcorn	Baked Beans Peas		
	SANDWICHES JACKETS,	,	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans					
	Oat & Raisin Cookie		Chocolate Sponge with Chocolate Sauce	lce Cream	Vanilla Blondie	Strawberry Muffin		
	Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt Our desserts meet Public Health England's target for 'free sugar'							
c	Portion(s) of fruit or veg	Source of wholegrain	Contains plant-based proteins	Oily	e for your child. led fruit and vegetable portion sizes are calculated IFood Standards. On average our desserts do not of a child's recommended these supar interes			

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.

Summer Menu – Week Two

Aston Hall Junior & Infant Sch



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	WEEK TWO	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	MAIN	Rainbow Pizza, Herby Diced Potatoes	Chicken & Sweetcorn Meatballs, Tomato Sauce & Pasta	Roast Chicken , Roast Potatoes & Gravy	Chicken Tikka Curry & Mixed Rice	Fish Fingers, Chips	
	VEGETARIAN	Jacket Wedges with Baked Beans or Cheese	Veggie Burger & Potato Wedges	Vegetable Sausage, Roast Potatoes & Gravy	Cheese & Onion Pastry Roll & Potato Wedges	Margherita Macaroni	
	VEGETABLES	Sweetcorn, Peas	Green Beans Cauliflower	Carrots Savoy Cabbage	Mixed Vegetables Salad	Baked Beans Peas	
	SANDWICHES, JACKETS,		Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans				
	DESSERT	Flapjack Finger Chocolate & Banana Muffin Jelly & Manda		Jelly & Mandarins	Fruity Jam Bun & Custard	Chocolate Ice Cream	
Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt Our desserts meet Public Health England's target for 'free sugar'							
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Summer Menu – Week Three

Aston Hall Junior & Infant Schoo



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WEEK THREE	GREEN EARTH MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN	Cheese & Tomato Pizza & Herby Diced Potatoes	Pork Hot Dog & Baked Potato Wedges	Savoury Mince in Yorkshire Pudding & Mashed Potatoes	BBQ Chicken, Vegetable Burrito & Mixed Rice	Fish Fingers, Chips	
VEGETARIAN	Jacket Wedges with Baked Beans or Cheese	Veggie Mince Pasta Bake	Vegetable Sausage, Mashed Potatoes & Gravy	Cheese & Onion Quiche & Diced Potatoes	Macaroni Cheese	
VEGETABLES	Mixed Vegetables Salad	Peas, Sweetcorn	Spring Greens Cauliflower	Green Beans Carrots	Baked Beans Garden Peas	
SANDWICHES, JACKETS,	Freshly Made Sandwich with Cheddar, Tuna Mayonnaise or Ham Freshly Baked Jacket Potato with Tuna & Mayonnaise, Grated Cheese or Baked Beans					
DESSERT	Chocolate Shortbread Biscuit	Fruity Flapjack with Banana	Oat Crunch Biscuit	Apple Sponge & Custard	Chocolate Cornflake Cake	

Oily fish

: 04/09/23, 16/10/23

Available Daily: Salad, Fresh Bread, Fresh Fruit & Yoghurt









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