

Welcome to your School Nursing Team's Newsletter

September – December 2023

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**Associate Public Health
Nurse**
**Associate Public Health
Nurse**
Clinical Support Worker
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Rotherham

Community Health Services



What do we offer?

We can offer help and support for children, parents, carers and professionals on a wide range of topics such as-

- ▶ Diet and healthy eating
- ▶ First line anxiety and anger management
- ▶ Health assessments
- ▶ Dental hygiene
- ▶ Head lice
- ▶ National Child Measuring Programme
- ▶ Growth monitoring
- ▶ Puberty, sexual health and healthy relationships
- ▶ Immunisation advice
- ▶ Health promotion
- ▶ Sleep hygiene
- ▶ Enuresis (wetting) and soiling (pooing)
- ▶ Physical conditions eg asthma, diabetes
- ▶ Behaviour and emotional regulation
- ▶ Risky behaviours eg smoking, alcohol, drugs
- ▶ We can signpost families to relevant services, charities, websites etc.

How do we see and communicate with families and children?

- ▶ Referrals from parents/carers/ school/ professionals/self
- ▶ We can see children and families in school or at home
- ▶ We can give support via the telephone
- ▶ Our Facebook page offers support and advice

You can contact us via-

- ▶ Telephone 01709 423333
- ▶ Our web page: Rotherham Children's Public Health Nursing Service (0-19)
- ▶ School



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News and information

National Child Measuring Programme

Letters have gone out to all parents/carers with children in FS2 and Year 6 informing them about the National Child Measuring Programme.

Parents/carers can choose to withdraw their child from the programme by responding to the letter.

The latest date for this is 14th October 2023.

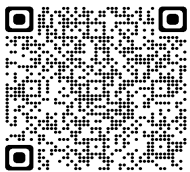
If you haven't received your letter please us on 01709423333 or your school.

Health Clinics

Our Health clinics have recommenced in all Secondary Schools. If your child wishes to access these they will need to liaise with Head of Year or Pastoral Support

Dental Information

Find all your local dentist here



October 6th begins with Dyspraxia awareness week

Find out all about Dyspraxia



October often bring winter colds!

Find out more information about common childhood illnesses



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School Nursing Service

Friends and Family Test

Have your say to improve your care...

Would you recommend us to family and friends if they needed similar care or treatment? Your feedback is really important to us and we want to hear about your experience of the care you received from the School Nursing Service at (Rotherham Children's Public Health Nursing Service)

Gathering your feedback can help us to recognise what we are doing well and make improvements where we need to.

The Friends and Family Test is completely anonymous and we would really appreciate you completing the online form by scanning the QR code below with your smartphone.

Paper copies are available—please speak to a member of the team to request one.

Many thanks.

