








# Spring Summer 24 – Week One

15 Apr, 6 May, 27 May, 17 June, 8 July, 29 July, 19 August, 9 Sept, 30 Sept, 21 Oct



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WEEK ONE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal Option 1	Cheese Pizza served with Garlic Bread 	All Day Pork Sausage Breakfast served with Baked Omelette, Country Diced Potatoes	Chicken Pie & Mashed Potatoes	Chicken Curry served with Rice 	Friday Fish Fingers served with Chips & Tomato Ketchup
Vegetarian Main Meal Option 2	Creamy Vegetable Penne Pasta Carbonara	All Day Veggie Sausage Breakfast Served with Country Diced Potatoes.	Veg mince & Vegetable Pie (Ve) served with Mashed Potato 	Cauliflower Cheese & Pasta Bake 	Cheese Flan Served with Chips & Tomato Ketchup
Baked Jacket potatoes	Jacket Potato with Cheese or Tuna Mayonnaise or Beans			Jacket Pot with Cheese or Tuna Mayonnaise or Beans or including Salmon Mayonnaise for Oily Fish 	Jacket Pot with Cheese or Tuna Mayonnaise or Beans
Sandwiches	Freshly Made Sandwich with Cheese, Tuna Mayonnaise or Ham				
Street Food y6		Baked bean & Cheese Panini with Home Made Skins on Wedges			
Schools Option		Jollof Rice		Jollof Rice	
Vegetable Selection	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
Dessert	Marble Sponge & Custard	Chocolate Shortbread Biscuits 	Iced Banana Traybake	Oat Cookie 	Chocolate Ice Cream

Available Daily: Fresh Bread, Fresh Fruit & Yoghurt

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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**Our desserts meet Public Health England's target for 'free sugar' intake for your child.**

Recommended fruit and vegetable portion sizes are calculated using School Food Standards. On average our desserts do not exceed a third of a child's recommended 'free sugar' intake.



# Spring Summer 24 – Week Two

22 Apr, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct



WEEK TWO	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b>	Macaroni Cheese	Summer Hot Dog Baguette 	Roast Gammon served with Skin on Roast Potatoes & Gravy	Beef Bolognese Penne Pasta 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2</b>	Vegetable Enchiladas (Ve) Served with Vegetable Rice 	Vegetarian Chilli Wedge Bake 	Home Baked Vegetarian Lasagne 	Cheese Pizza served with Garlic Bread 	Cheese & Onion Puff Pastry Roll Served with Chips & Tomato Ketchup
<b>Baked jacket potatoes</b>	Jacket Potato with Cheese or Tuna Mayonnaise or Beans				
<b>Sandwiches</b>	Freshly Made Sandwich with Cheese, Tuna Mayonnaise or Ham				
<b>Street Food Y6</b>		Chicken & Vegetable Burrito			
<b>Schools Option</b>		Jollof Rice		Jollof Rice	
<b>Vegetable Selection</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Ginger & Mandarin Traybake 	Strawberry Jelly (Ve)	Freshly Baked Chocolate Cookie (Ve)	Flapjack Finger 	Homemade Shortbread Biscuits (Ve)

Available Daily: Fresh Bread & Fresh Fruit

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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# Spring Summer 24 – Week Three

29 Apr, 20 May, 10 June, 1 July, 22 July, 12 Aug, 2 Sept, 23 Sept, 14 Oct

WEEK THREE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal Option 1</b>	Cheese Pizza served with Garlic Bread 	Farm Assured Pork Sausage Roll Served with Homemade Skin on Baked Potato Wedges	Roast Chicken Dinner Served with Potatoes 	BBQ Chicken & Vegetables served with Noodles 	Friday Fish Fingers served with Chips & Tomato Ketchup
<b>Vegetarian Main Meal Option 2</b>	Mildly Spiced Vegetable Chilli & Rice (Ve) 	Cheese & Onion Puff Pastry Roll served with Homemade Skin on Baked Potato Wedges	Gently Spiced Moroccan Roasted Chickpea Tagine served with Summer Vegetable Rainbow Cous Cous (Ve) 	BBQ Quorn, Vegetables & Noodles 	Homemade Cheese Pizza Whirl & Chips
<b>Sandwiches</b>	Freshly Made Sandwich with Cheese, Tuna Mayonnaise or Ham				
<b>Baked Jackets potatoes</b>	Jacket Potato with Cheese or Tuna Mayonnaise or Beans				
<b>Street Food Y6</b>		Cheesy Beans Pitta Pocket			
<b>Schools Option</b>		Jollof Rice		Jollof Rice	
<b>Vegetable Selection</b>	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad	Selection of Daily Vegetables & Mixed Fresh Salad
<b>Dessert</b>	Baked Apple Sponge 	Tutti Frutti Jelly (Ve) 	Freshly Baked Vanilla Cookie (Ve)	Zesty Lemon & Yoghurt Cake	Homemade Flapjack (Ve)

Available Daily: Fresh Bread & Fresh Fruit.

Portion(s) of fruit or veg 	Source of wholegrain 	Contains plant-based proteins 	50% fruit 	Oily fish 
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