

JUNIOR BOXING AND FITNESS



Thursdays, 4:30pm to 5:15pm
Aston-cum-Aughton Parish Hall,
Rosegarth Avenue

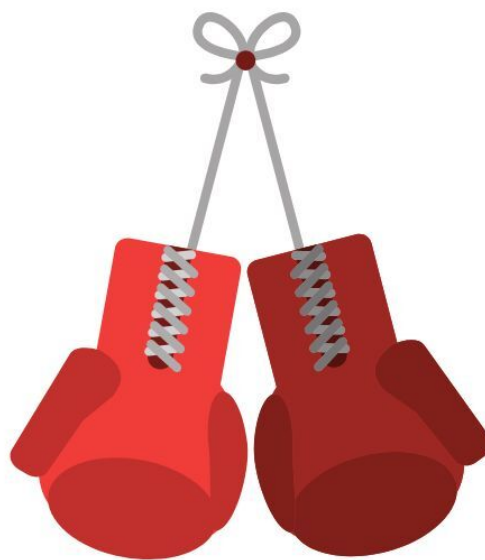
Sessions are **FREE** for young people 6 to 11 years old.

Learn how to box and improve physical and mental well-being.

Sessions are run by Unity Boxing and Fitness, an affiliated England amateur boxing club.

Upcoming dates:

7 November 2024
14 November 2024
21 November 2024
28 November 2024
5 December 2024
12 December 2024
19 December 2024
9 January 2025
16 January 2025
23 January 2025
30 January 2025
6 February 2025



Sessions are being funded by Aston-cum-Aughton Parish Council and Ward Community Leadership fund

www.rotherham.gov.uk/aughton-and-swallownest-ward